

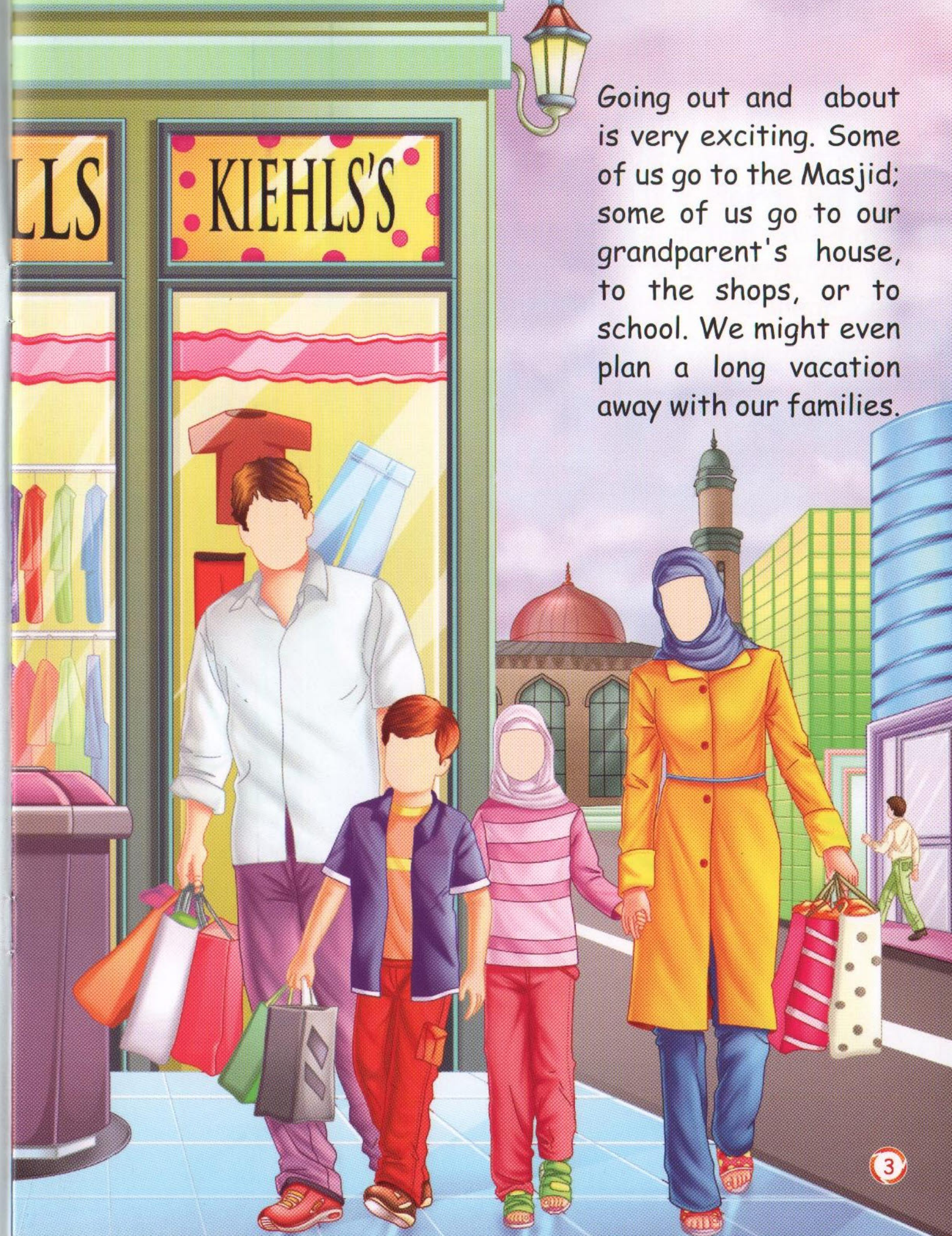
When you leave the house you should say,

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ،  
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

*Bismillaahi  
tawakkaltu 'alallaahi,  
laa hawla wa laa quwwata  
illaa billaah.*

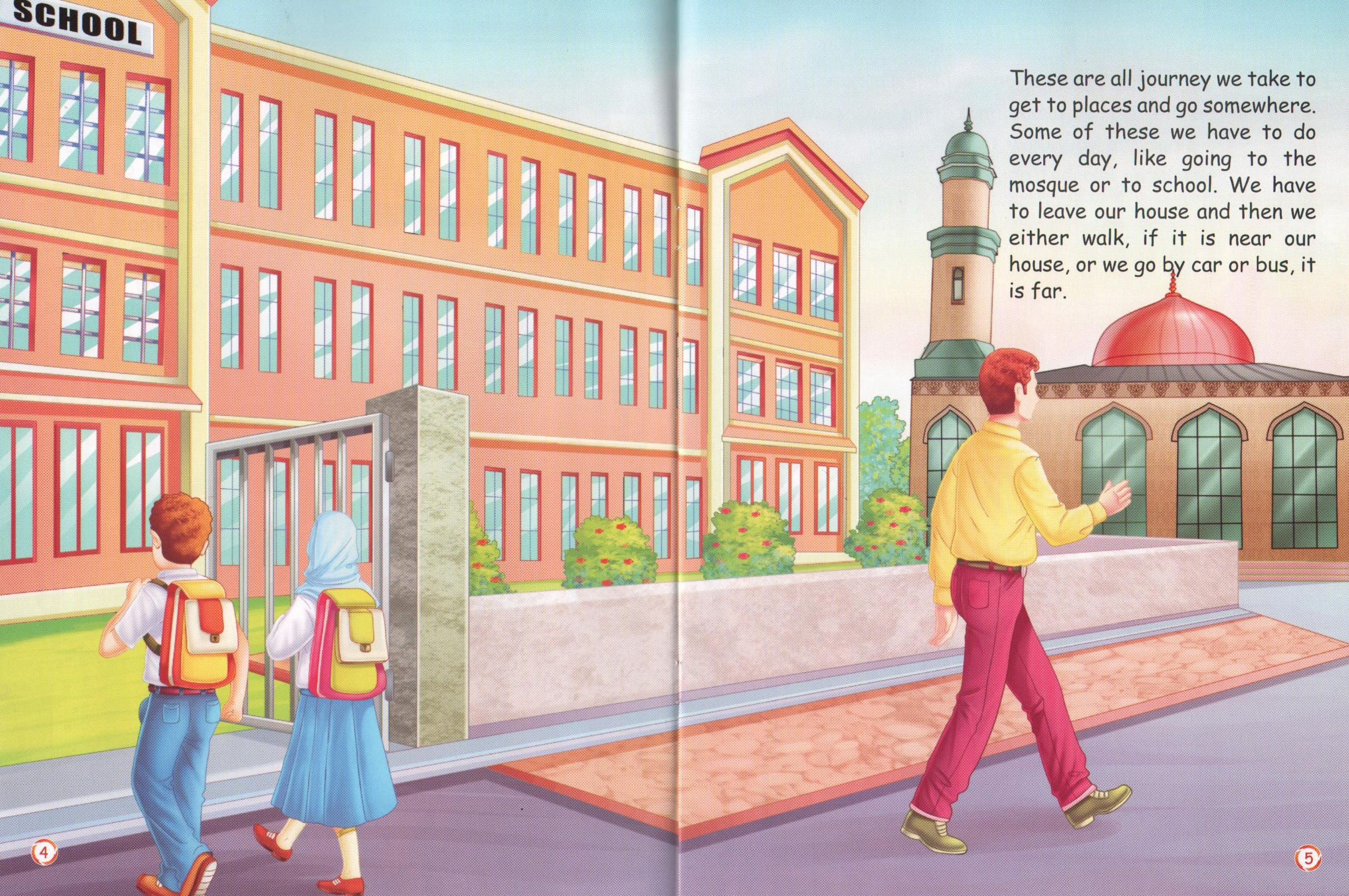
"In the Name of Allah,  
I have placed my trust in Allah,  
there is no might and no power  
except by Allah."

(Abu Dawood 5095,  
At-Tirmidhi 3426. See also Al-Albani,  
Saheeh At-Tirmidhi 3/151)



Going out and about is very exciting. Some of us go to the Masjid; some of us go to our grandparent's house, to the shops, or to school. We might even plan a long vacation away with our families.





These are all journey we take to get to places and go somewhere. Some of these we have to do every day, like going to the mosque or to school. We have to leave our house and then we either walk, if it is near our house, or we go by car or bus, if it is far.



When we are about to set off on our journey, whether it is a long or short one, we should say the following Du'a:

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ  
﴿سُبْحَنَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ ﴿١٣﴾ وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ﴾  
الزخرف: ١٣، ١٤

Allaahu Akbar, Allaahu Akbar, Allaahu Akbar,  
Subhaanal-ladhee Sakhkhara lanaa haadhaa wa  
maa kunnaa lahu muqrineen, wa innaa ilaa Rabbinaa  
lamunqaliboon.

"Allah is the Most Great, Allah is the Most Great, Allah is the Most Great. Glory is to Him Who has provided this for us though we could never have had it by our efforts. And surely, unto our Lord we are returning."

(It is a part of Du'a for complete Du'a see Sahih Muslim : 1342)

